

*MasterLife*

DISCUPLESHIP TRAINING

# **Present Your Body**

CBCWLA , July 24, 2011

# Disciple's Personality

- **Week 1: Do God's will**
- **Week 2: Renew your mind**
- **Week 3: Master your emotions**
- **Week 4: Present your body**
- **Week 5: Be filled with the Spirit**
- **Week 6: Live victoriously**

# **Present Your Body**

- 1. Surrendering yourself to God**
- 2. Doing things your own way**
- 3. Who is the master of your body?**
- 4. Useful to the Master**
- 5. A living sacrifice**

# 1. Surrendering yourself to God

- **Three functions of your body:**
  1. **Identification** as a unique person. I am who God made me. I am unique.
  2. **Participation** in the world. I have the ability to be on mission with God in the world.
  3. **Communication** with other. Talking and body language are important in spreading the gospel.

- **God created your body good. God intends for you to have high regard for your body because it is the dwelling place of the Holy Spirit.**
- **Being disciplined is not in my nature. Spirit-control, not self-control, makes the difference.**
- **The Holy Spirit can help change your character when you are in Christ. Be filled with the Spirit.**
- **Surrender your body to God. Asking the Holy Spirit to change your character. Put off the old person and put on the new person.**

## 2. Doing things your own way

- When people sinned, the body was affected. The good bodies God created was invaded by a sinful nature (flesh).
- **Flesh:**
  - 1) The physical body
  - 2) The sinful nature
- The body is weak and susceptible to the flesh.
- God expects you to honor him through your physical body and to decline to let the flesh, or the sinful nature, take over.
- The body has the capacity to do good if the flesh is not in control.

- **Three facts about the nature of your body:**
  1. **God created the body as good.** He expects me to take care of it.
  2. **Something happens to the body when flesh takes over.** My body is susceptible to the ways of the flesh. I must be on guard against the dominion of worldly ways.
  3. **God created the body for his use.** God is able to use my weak body for his purpose.

### **3. Who is in control?**

- **Three primary actions Christ took to free you from bondage to the flesh.**
  - 1. Christ's Incarnation: condemns sin.**
  - 2. Christ's Crucifixion: free you from sin's bondage.**
  - 3. Christ's Resurrection: give you life through the Spirit.**



## 4. Useful to the Master

- Your body will not be perfect until it is completely redeemed at Christ's return.
- In the mean time your identification with Christ's incarnation, crucifixion, and resurrection gives you potential for righteous living.
- You still have potential for unrighteous living.
- I will let God reign in my body by yielding members of my body to him as instruments of righteousness instead of letting them be instruments of wrong living.

# 5. A Living Sacrifice

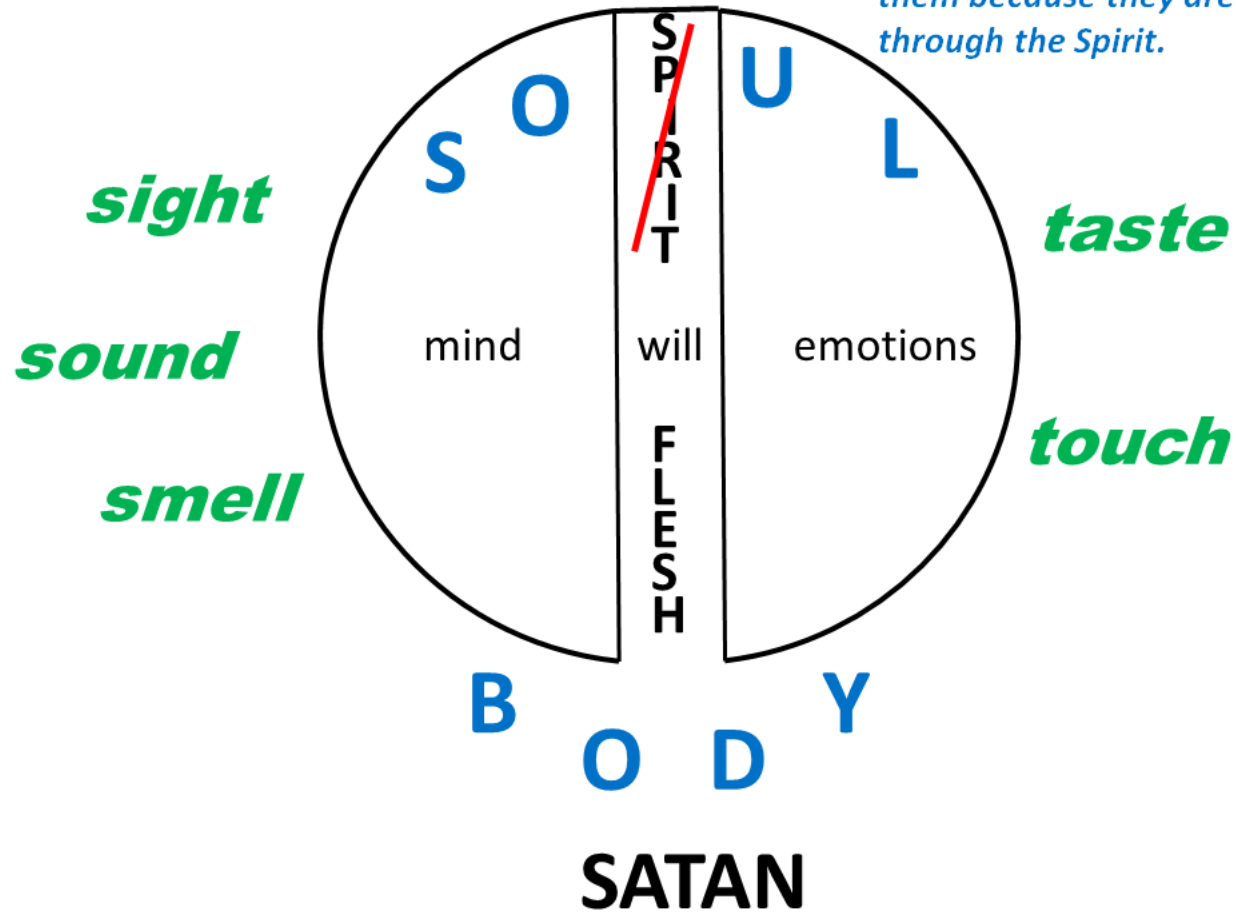
- **Committing to Christ's service:**
  - **Hands:** Lord, I offer my hands to you. To do your work. To praise you. To do my job well.
  - **Eyes:** Lord, I offer my eyes to you. To read the Bible. To see things you want me to see.
  - **Feet:** Lord, I offer my feet to you. To bring good news to people. To go where you want me to go.
  - **Ears:** Lord, I offer my ears to you. To listen to your word. To listen like one being instructed.
  - **Tongue:** Lord, I offer my tongue to you. To praise you. To be well-instructed so I know the word that sustains the weary.

# THE NATURAL PERSON *1Cor. 2:14*

## 1Cor. 2:14

# GOD

*The person without the Spirit does not accept the things that come from the Spirit of God but considers them foolishness, and cannot understand them because they are discerned only through the Spirit.*

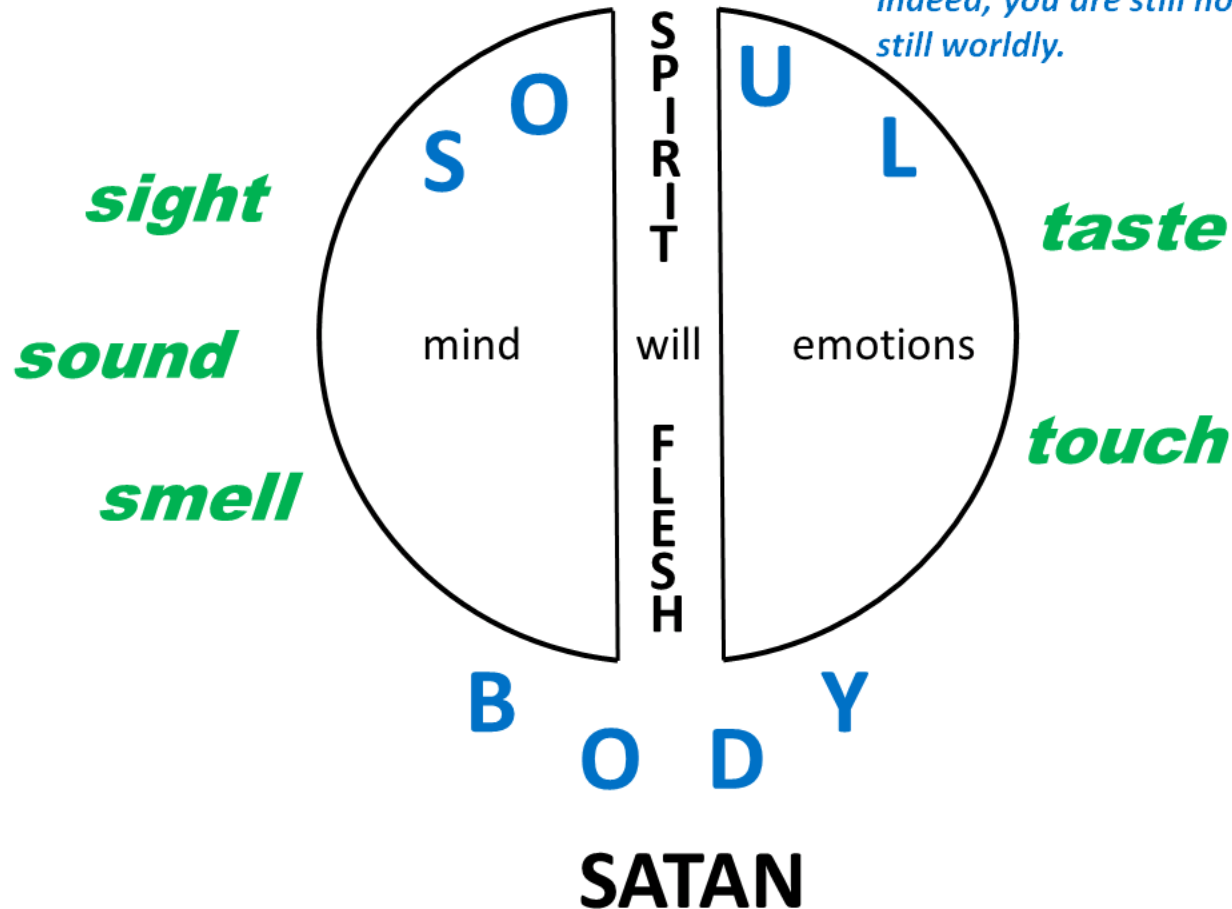


THE WORDLY  
CHRISTIAN *1c*

## 1 Cor. 3:1-3

# GOD

*I could not address you as people who live by the Spirit but as people who are still worldly—mere infants in Christ. I gave you milk, not solid food, for you were not yet ready for it. Indeed, you are still not ready. You are still worldly.*

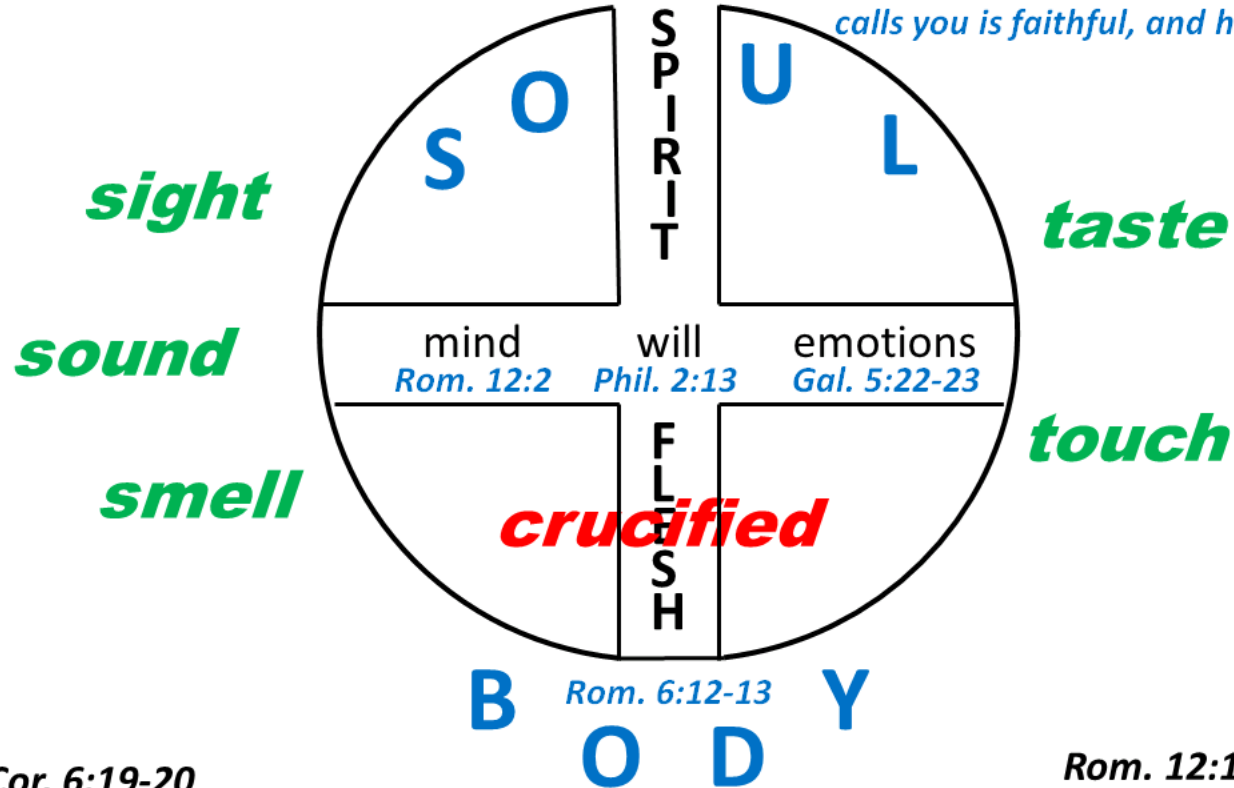


# THE SPIRITUAL CHRISTIAN

*Gal 2:20*  
*1 Thess. 5:23-24*

**GOD**  
*Eph 5:18*

*May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do it.*



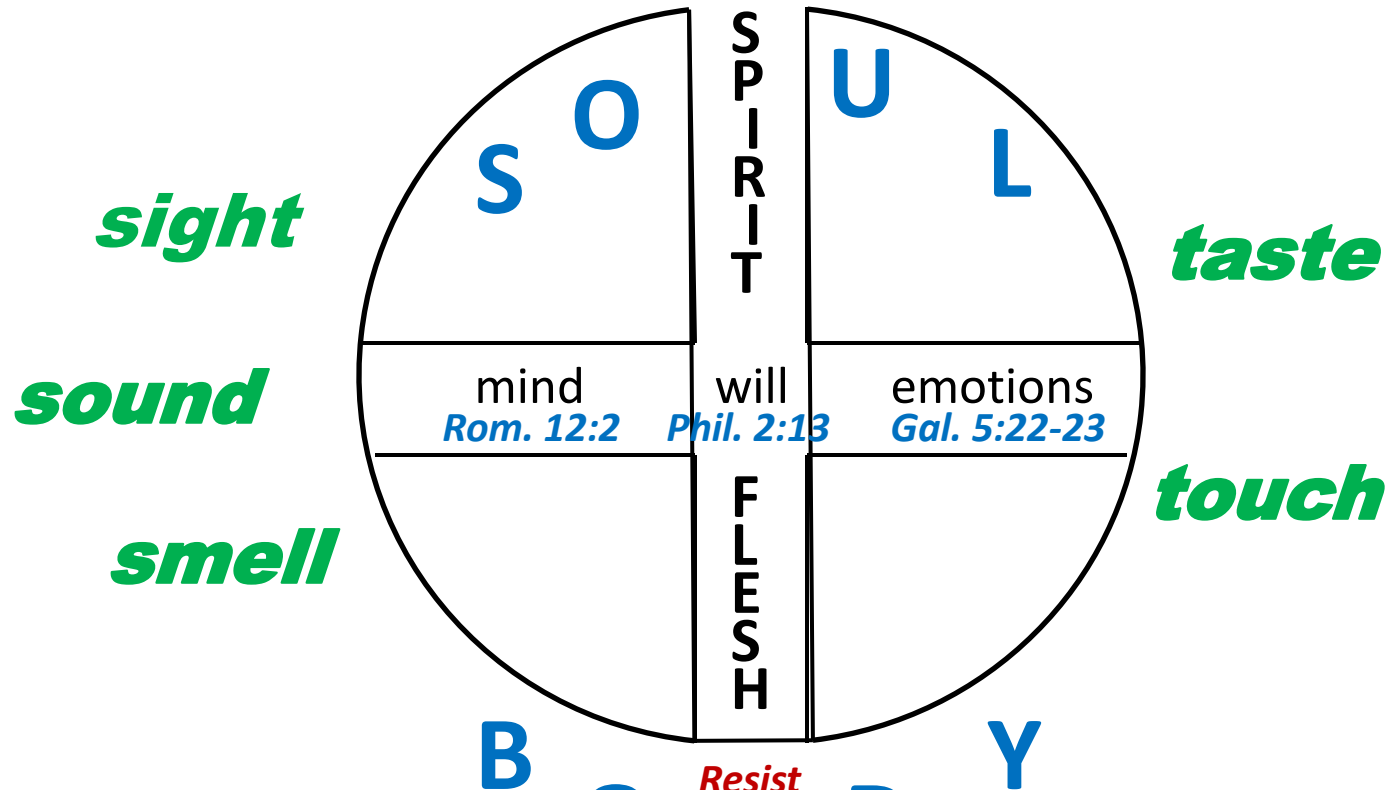
**SATAN**

# GOD

Draw near to God



God will draw near to you



Resist



# SATAN



Will flee from you

*1 Cor. 6:19-20*

*Rom. 12:1*

# Conversational Prayer

- **Principles of Conversational Prayer**

1. Whole group act as one person engaging God in a conversation.
2. Pray about one subject at a time.
3. Pray brief prayers (one or two sentences by each person on one subject is usually sufficient.)
4. Speak normally.
5. **Use first-person singular pronoun.**
6. Be specific in requests and confessions of sins.
7. Continue the conversation as long as the group desires.

# Salvation Testimony

- Focus on your salvation experience. Testimonies of life-experience should be used at other times.
- With unbelievers in mind. You're preparing this testimony for non-Christians.
- **Salvation Testimony outline**
  1. My life and attitudes before I follow Christ.
  2. How I realize that God was speaking to me.
  3. How I became a Christian.
    - 1) Sin is an I-controlled life.
    - 2) Sin's penalty is separation from God.
    - 3) Christ paid the penalty of sin for me on the cross.
    - 4) Receiving Christ as your Lord and Savior.
  4. What being a Christian means to me.



# Next week's assignment

- P. 92, “my walk with the Master this week.”
- Prays for persons in your circle of influence.
- Write your testimony. Be ready to share it next time.
- 8/14/11, Testimony Workshop.

# Small Group Time

1. Check each other's "my walk with the Master this week."
2. Quote memory verses 1 Cor. 6:19-20, Gal. 5:22-23, Romans 12:1-2, Phil. 2:13 to each other.
3. Practice explaining the Disciple's Personality to each other according to what you've learned so far.
4. **Evaluation**: Share your salvation testimony. Evaluate each other's testimony.
5. **Sharing**: Share the commitments you made on page 87-88 to honor God with your physical body.
6. Practice Conversational Prayer with your group members.